

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Helga Louw

Has successfully participated & completed the

The Challenge - 15km Bezhoek Extreme Trail Run

held at Bezhoek Farm.

**TIME** 01:45:58

**PACE** 07:03/km

**OVERALL** 11 of 62

**GENDER** 4 of 36

**40 - 49** 1 of 15

25 November 2017, Sat

Date

